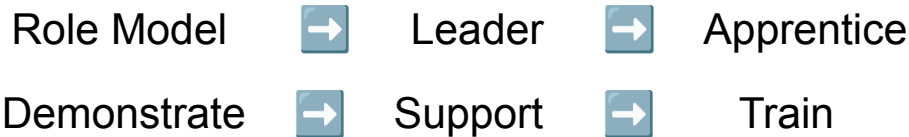


EMPOWER

Academy

Grow  Move  Shine 

Empowerment in Motion



Empowerment in Motion is Empower Academy's student leadership pathway designed to give students meaningful opportunities to grow confidence, responsibility, and leadership skills through movement.

This program allows students to lead by example, assist instructors, and learn what it means to take on responsibility in a studio setting. Participation is a privilege and an opportunity for growth.

PROGRAM PURPOSE

Students in Empowerment in Motion assist instructors during classes for younger dancers under direct staff supervision. They help demonstrate movement, support class structure, and model positive behavior in an age-appropriate and nurturing way.

This is not a staff position, but a leadership and learning experience designed to support long-term growth and potential future opportunities within the studio.

LEADERSHIP PROGRESSION

Tier 1: Empower Model – Demonstrate

Empower Models focus on demonstrating movement and modeling classroom behavior.

Responsibilities may include:

- Demonstrating skills, positions, and combinations
- Modeling focus, posture, and effort
- Helping younger dancers follow along
- Assisting with basic class routines and transitions
- Helping with shoes, hair, and simple needs

Tier 2: Empower Leader – Support

Empower Leaders take on increased responsibility within the classroom.

Responsibilities may include:

- Helping dancers remember choreography and combinations
- Leading portions of warmups or exercises
- Assisting with class organization, spacing, and transitions
- Supporting younger dancers with confidence and encouragement
- Helping maintain a positive and respectful class environment

Tier 3: Empower Apprentice – Train

Empower Apprentices are advanced student leaders preparing for future leadership opportunities.

Responsibilities may include:

- Demonstrating full combinations and choreography
- Assisting instructors closely during class
- Helping guide and support Empower Models and Leaders
- Learning foundational teaching and leadership skills
- Supporting special performances and choreography preparation

EXPECTATIONS & ELIGIBILITY

All students in Empowerment in Motion are expected to:

- Arrive prepared and on time
- Follow dress code and studio policies
- Demonstrate respectful behavior at all times
- Serve as a positive role model for younger dancers

Participation is determined by teacher recommendation and staff approval. Advancement through tiers is based on readiness, responsibility, and consistency—not age alone.

WHY EMPOWERMENT IN MOTION MATTERS

This program supports Empower Academy's mission to help children grow, move, and belong. Through leadership, students develop confidence, empathy, responsibility, and teamwork skills that extend far beyond the dance studio.